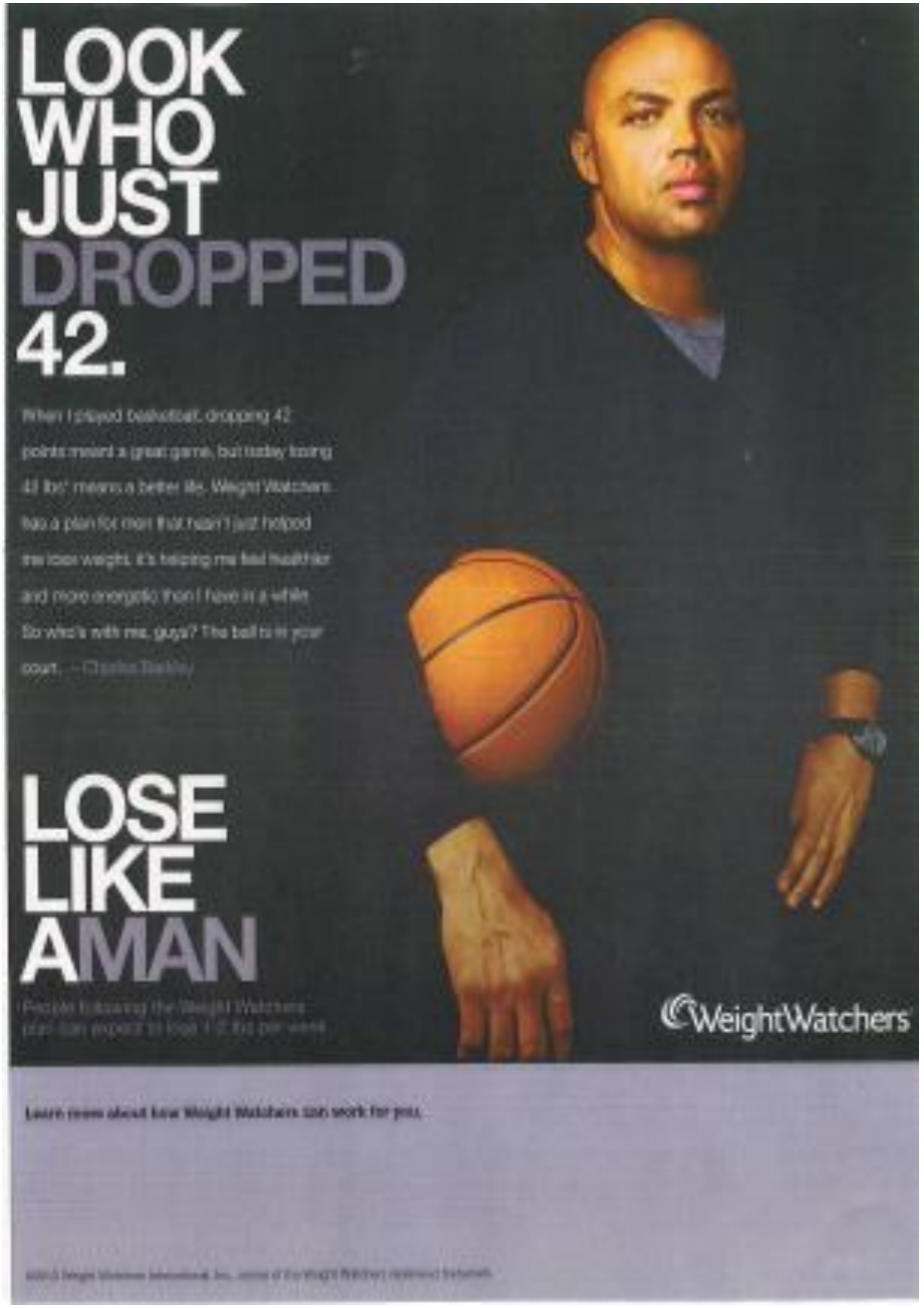
BELIEVE
BECAUSE IT WORKS
IT'S NOT TOO LATE TO JOIN.
YOU CAN LOSE WEIGHT AND YOU CAN START NOW.
Come check out a Weight Watchers At Work meeting.* Now is a great time to start reaching your weight-loss goals.
• Meetings work for both men and women
• Private weigh-ins
• Group support
Purchase an At Work meeting series now and get Weight Watchers eTools, our internet weight-loss companion, free.**
WeightWatchers
Because it works
COMING SOON ~~~ SIGN UP NOW
LOCATION
SURRY COUNTY COMMUNITY CENTER
CONTACT
SURRY COUNTY PARKS AND RECREATION, SHERYL PEACE NEWBY, 757-294-3552 ext342


LOOK WHO JUST DROPPED 42.
When I played basketball, dropping 42 points meant a great game, but today losing 42 lbs* means a better life. Weight Watchers has a plan for men that hasn't just helped me lose weight, it's helping me feel healthier and more energetic than I have in a while. So who's with me, guys? The ball is in your court. —Charles Barkley
LOSE LIKE A MAN
WeightWatchers
Learn more about how Weight Watchers can work for you.