

VIRGINIA: A CONTINUED RETREAT OF THE SURRY COUNTY BOARD OF SUPERVISORS HELD IN THE DENDRON PARKS AND RECREATION BUILDING LOCATED AT 2850 ROLFE HIGHWAY, DENDRON, VIRGINIA 23839 ON MONDAY, FEBRUARY 24, 2020 FROM 9:00 A.M. TO 5:00 P.M.

PRESENT: SUPERVISOR ROBERT ELLIOTT, JR.
SUPERVISOR JUDY LYTTLE
SUPERVISOR KENNETH HOLMES
SUPERVISOR WILLIAM (TIM) CALHOUN

ABSENT: SUPERVISOR MICHAEL DREWRY

ALSO

PRESENT: MS. MELISSA ROLLINS, ACTING COUNTY ADMINISTRATOR

WELCOME AND INTRODUCTIONS

Chairperson Elliott began the retreat with welcome and introductions. Ms. Melissa Rollins, Acting County Administrator discussed the purpose, intention, and goals of the retreat.

AGENDA, AGENDA PACKET, TOPICS OF DISCUSSION, AND NOTES

The retreat agenda, agenda packet, topics of discussion, and notes are attached as an integral component of these minutes.

ADJOURNMENT

Ms. Melissa Rollins, Acting County Administrator summarized the topics presented and highlighted future goals. Supervisor Elliott advised of the intention to schedule a future retreat for board members and staff. Supervisor Elliott made a motion to adjourn the work session and all present voted affirmatively.



**Surry COUNTY BOARD OF SUPERVISORS
2020 RETREAT AGENDA**

Smithfield Station
February 20-21, 2020

Time	Item	Day 1, Thursday, February 20, 2020
8:45-9:00 AM		Welcome & Introductions, Chairman Elliott
9:00-9:15 AM		Overview of Retreat Session, Kathleen Guzi <i>Public Entity Specialist, VA Association of Counties</i>
		Setting of Goals
9:15-10:15 AM		Environmental Scan: Board Members
10:15-10:45 AM		Environmental Scan: The County`
10:50-11:00 AM		BREAK
11:00-12:15 AM		Environmental Scan: The County, continued
12:15- 1:00 PM		<i>LUNCH – (Served in the Conference Room)</i>
1:00-2:15 PM		Environmental Scans Continued
2:15-2:45 PM		Environmental Scans Wrap Up (Vision & Mission)
		Next Steps
2:45-3:00 PM		BREAK
3:00 -5:00 PM		Discussion Items – BOARD MEMBERS
		Code of Ethics
		Other – TBD
5:30-6:30 PM		DINNER (Will be Delivered to the Conference Room)

CONTINUE TO FEBRUARY 21, 2020

Time	Item	Day 2, Friday, February 21, 2020
9:00 AM		Welcome, Introductions, Purpose (Chairman Elliott)
		<u>Purpose</u>
		<ul style="list-style-type: none"> • Team building • Discussion of specific issues, challenges and/or highlights for each departments • To engage in dialogue between supervisors and department heads
9:15 AM	M. Rollins:	Surry County Accomplishments – 2015-2020 (15 minutes)
		Board of Supervisors & Departmental Engagement Discussions
9:30 AM	W. Saunders:	Dept. of Planning & Community Development (20 minutes)

9:50 AM C. Swindell: Mid-Year Financial Report & Financial Trends Update (20 minutes)
10:15 AM S. Williams: Building Inspections (15 minutes)
10:30 AM M. Vargo: Animal Control (15 minutes)
10:45 AM R. Phelps: Emergency Services (20 minutes)
11:10 AM 15 minute Break
11:30 AM S. Jones: Parks & Recreation (15 minutes)
11:45 AM L. Stone: Dept. of Youth & Family Resources (15 minutes)

12:15 PM: Break for Lunch – Lunch Will Be Delivered to the Conference Room

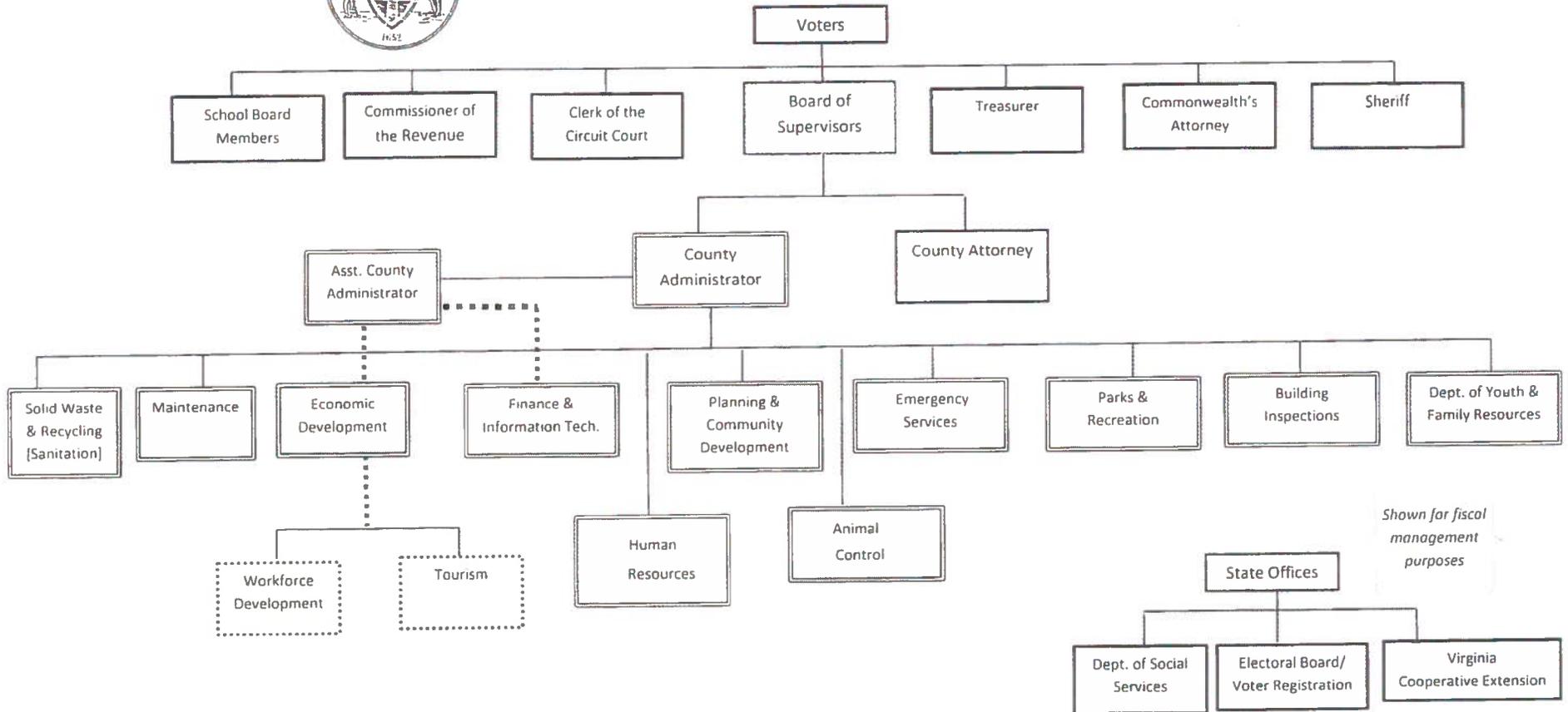
1:00 PM L. White: Virginia Cooperative Extension (15 minutes)
1:20 PM H. Slade: Dept. of Solid Waste & Recycling (15 minutes)
1:40 PM R. Woodard: Maintenance (15 minutes)
2:00 PM D. Brown: Information Technology (15 minutes)
2:15 PM 15 minute Break

2:30 – 3:45 PM. Social Services, Registrar & Constitutional Officers

3:45 PM D. Harrison: Economic Development (15 minutes)
4:00 PM Comments from the Board of Supervisors



Surry County, Virginia Organization Chart



Adopted July 11, 2019

CODE OF ETHICS

Preamble

The citizens and businesses of Surry County are entitled to have fair, ethical, and accountable local government, which has earned the public's full confidence for integrity. The effective functioning of democratic government requires that public officials, both elected and appointed, comply with both the letter and spirit of the laws and policies affecting the operations of government; that public officials be independent, impartial and fair in their judgment and actions; that public office be used for the public good, not for personal gain; and that public deliberations and processes be conducted openly, unless legally confidential, in an atmosphere of respect and civility.

To this end, the Surry County Board of Supervisors has adopted this Code of Ethics for members of the Board of Supervisors and of Surry County's boards, commissions, and committees, to assure public confidence in the integrity of local government and its effective and fair operation.

1. Act in the Public Interest

Recognizing that stewardship of the public interest must be their primary concern, members will work for the common good of the people of Surry County and not for any private or personal interest, and they will assure fair and equitable treatment of all persons, claims, and transactions coming before the Surry County Board of Supervisors, boards, commissions, and committees.

2. Comply with the Law

Members shall comply with the laws of the nation, the Commonwealth of Virginia, and the laws of Surry County in the performance of their public duties. These laws include, but are not limited to: the United States and Virginia constitutions; the Code of the County of Surry; laws pertaining to conflicts of interest, election campaigns, financial disclosures, employer responsibilities, and open processes of government; and County ordinances and policies.

3. Conduct of Members

The professional and personal conduct of members must be above reproach and avoid even the appearance of impropriety. Members shall refrain from abusive conduct, personal charges or verbal attacks upon the character or motives of the public, other members of the Board of Supervisors, boards, commissions, committees, or County staff.

4. Respect for Process

Members shall perform their duties in accordance with the processes and rules of order established by the Board of Supervisors, boards, commissions, and committees governing the deliberation of public policy issues, meaningful involvement of the public, and implementation of policy decisions of the Board of Supervisors by County staff.

5. Conduct of Public Meetings

Members shall prepare themselves for public issues; listen courteously and attentively to all public discussions before the body; and focus on the business at hand. They shall refrain from interrupting other speakers; making personal comments not germane to the business of the body; or otherwise interfering with the orderly conduct of meetings.

6. Decisions Based on Merit

Members shall base their decisions on the merits and substance of the matter at hand, rather than on unrelated considerations.

7. Communication

Members shall publicly and promptly share substantive information that is relevant to a matter under consideration by the Board of Supervisors or boards, commissions, and committees, which they may have received from sources outside of the public decision-making process.

8. Conflict of Interest

In order to assure their independence and impartiality on behalf of the common good, members shall not use their official positions to influence government decisions in which they have a material financial interest and shall disclose any substantial organizational responsibility or personal or business relationship to the parties in any matter coming before them. This paragraph is not intended to unduly restrict members who have minor business or professional dealings with clients whose matters come before them.

In accordance with the law, members shall disclose investments, interests in real property, sources of income, and gifts; and they shall abstain from participating in deliberations and decision-making where conflicts may exist.

9. Gifts and Favors

A member shall not accept for himself or herself or for family members, favors or benefits under circumstances which might be construed by reasonable persons as influencing the performance of governmental duties.

10. Confidential Information

Members shall respect the confidentiality of information concerning the property, personnel, or affairs of the County. They shall neither disclose confidential information without proper legal authorization, nor use such information to advance their personal, financial, or other private interests.

11. Use of Public Resources

Members shall not use public resources that are not available to the public in general, such as County staff time, equipment, supplies or facilities, for private gain or personal purposes.

12. Representation of Private Interests

In keeping with their role as stewards of the public interest, members of the Board of Supervisors shall not appear on behalf of the private interests of third parties before the Board of Supervisors or any board, commission, committee, or proceeding involving the County, nor shall members of boards, commissions, or committees appear before their own bodies or before the Board of Supervisors on behalf of the private interests of third parties, except that members of the Board of Supervisors, boards, commissions, and committees may appear before other public bodies, including the Board of Supervisors, to advocate for a particular application or other matter of public business related to their role as a public official.

13. Advocacy

Members shall represent the official policies or positions of the Board of Supervisors, boards, commissions, or committees to the best of their ability when designated as delegates for this purpose. When representing their individual opinions and positions, members shall explicitly state they do not represent their body or Surry County, nor will they allow the inference that they do.

14. Policy Role of Members

The Board of Supervisors determines the policies of the County with the advice, information, and analysis provided by the public, boards, commissions, and committees, and County staff. The Board of Supervisors delegates authority for the administration of the County to the County Administrator with the advice and consent of the Board of Supervisors.

Members, therefore, shall not interfere with the administrative functions of the County or the professional duties of Surry County staff; nor shall they impair the ability of staff to implement the Board of Supervisors policy decisions. Inquiries to staff shall be made through the County Administrator or the appropriate department manager or director.

15. Independence of the Board of Supervisors and Commissions

Because of the value of the independent advice of the Board of Supervisors, board, commissions, and committees to the public decision-making process, members of the Board of Supervisors shall refrain from using their positions to unduly influence the deliberations or outcomes of board, commission, or committee proceedings.

16. Positive Work Place Environment

Members shall support the maintenance of a positive and constructive workplace environment for Surry County employees and for citizens and businesses dealing with the County. Members shall recognize their special role in dealings with County employees and in no way create the perception of inappropriate direction to staff.

17. Implementation

As an expression of the standards of conduct for members expected by the County, the Surry County Code of Ethics is intended to be self-enforcing. It therefore becomes most effective when members are thoroughly familiar with and embrace its provisions.

For this reason, ethical standards shall be included in the regular orientations for candidates for the Board of Supervisors, applicants to the board, commissions, committees, and newly elected and appointed officials. In addition, the Board of Supervisors, boards, commissions, and committees shall biennially review the Code of Ethics and the Board of Supervisors shall consider recommendations from, commissions, and committees to update it as necessary.

18. Compliance and Enforcement

The Surry County Code of Ethics expresses standards of ethical conduct expected of members of the Surry County Board of Supervisors, boards, commissions, and committees. Members themselves have the primary responsibility to assure that ethical standards are understood and met, and that the public can continue to have full confidence in the integrity of government.

The chairs of the Board of Supervisors, boards, commissions, and committees and the Chairman of the Board have the additional responsibility to intervene when actions of members that appear to be in violation of the Code of Ethics are brought to their attention.

The Board of Supervisors may impose sanctions on members whose conduct does not comply with the Board's ethical standards, such as public or private reprimand or formal censure. Where allowed by law, the Board also may remove members of the Board of Supervisors-appointed boards, and committees from office.

A violation of this Code of Ethics shall not be considered a basis for challenging the validity of the Board of Supervisors, boards, commission, or committee decision.

**SURRY COUNTY BOARD OF SUPERVISORS,
COMMITTEES, AND COMMISSIONS
MEMBER STATEMENT**

As a member of the Surry County Board of Supervisors, or of a board, commission, or committee, I agree to uphold the Code of Ethics for elected and appointed officials adopted by the Surry County Board of Supervisors and conduct myself by the following model of excellence. I will:

- Recognize the worth of individual members and appreciate their individual talents, perspectives, and contributions;
- Help create an atmosphere of respect and civility where individual members, Surry County Board of Supervisors, Surry County staff, and the public are free to express their ideas and work to their full potential;
- Conduct my personal and public affairs with honesty, integrity, fairness, and respect for others;
- Respect the dignity and privacy of individuals and organizations;
- Keep the common good as my highest purpose and focus on achieving constructive solutions for the public benefit;
- Avoid and discourage conduct which is divisive or harmful to the best interests of Surry County and the Surry County Board of Supervisors;
- Treat all people with whom I interact in the manner I wish to be treated.

I affirm that I have read and understand the Surry County Board of Supervisors Code of Ethics.

Signature: _____

Date: _____

Name (printed): _____

Office(s) held:

SOLAR DEVELOPMENT IN VIRGINIA

ANSWERS TO FREQUENTLY ASKED QUESTIONS



MDV-SEIA

Technology

Q. What kind of technology do solar projects use?

A. Solar projects use conventional solar panels just like those installed on the roofs of homes and businesses. The technology has been around for decades.

Q. How do solar panels make electricity?

A. When sunlight hits a solar panel, the electrons in the solar panel's semi-conducting material become energized and create an electric current.

Q. Who uses the electricity from solar projects?

A. Unlike solar panels on the roofs of buildings, which power those buildings, solar projects deliver power to the high-voltage electrical grid that supplies power to everyone.

Local Economy

Q. Do solar projects require any community services?

A. Solar projects require no water service, no sewer service and no other taxpayer-supported services.

Q. Do solar projects pay taxes?

A. Yes, in fact, solar projects generally pay significantly more taxes than the taxes paid by farms. The taxes that solar projects pay fall into two buckets: i) increase in real property taxes and ii) taxes paid on the equipment that's installed on the farmland. Although each local tax regime is different, a review of the proposed solar projects across VA shows that converting farmland from agricultural production to solar production results in ~10x* more taxes for the local county.

*In certain jurisdictions, the multiple is much greater than 10x.

Q. How many jobs do solar projects create?

A. Depending on its size, a solar project will create 100-300 jobs during construction. Although operations require fewer workers, a solar project does create a handful of very good, long-term jobs.

Q. Are there other economic benefits?

A. Construction of solar projects increases local spending at hotels, restaurants and gas stations. Land rent payments to participating land owners also provides them a stable long-term source of income.

Cost

Q. Isn't solar too expensive?

A. Innovation and competition have dramatically reduced the cost of solar in recent years. In many areas, solar now costs about the same or less than traditional sources.

Q. Will a solar project near me increase my power prices?

A. No. Not only are solar projects cost-effective, but they supply wholesale power, which don't directly affect your retail rates.

Q. Doesn't solar receive federal subsidies?

A. Like all forms of power generation, solar receiving certain federal policy incentives. The benefits of these are passed along to consumers.

Pollution & Natural Resources

Q. Do solar projects produce any pollution?

A. No. Solar projects cause no air pollution, no water pollution and generate no hazardous waste.

Q. Do solar projects require any pipelines?

A. No. The fuel for solar projects is sunlight. It is infinite, free and, over long periods of time, highly predictable.

Q. Do solar projects use water?

A. Little to none. In this part of the country, rain and other precipitation is usually enough to clean the panels of accumulated dirt and dust, but occasionally they may be manually cleaned with water.



Risks

Q. Are there any risks or dangers living near a solar project?

A. No. Solar panels are one of the least intrusive and cleanest forms of power generation available. Access to solar project equipment will be restricted to maintenance personnel.

Q. What are solar panels made of?

A. Solar panels are mostly glass, aluminum, silicon (refined sand) and semi-conducting material. The glass is designed to withstand hail and is tempered, like the windshields of cars, and so resistant to breakage.

Q. What about chemicals?

A. Solar panels contain very small amounts of some chemicals, but they are encased within the panel. Most solar panels can be disposed of in regular landfills just like household garbage.

Q. Do solar projects create electromagnetic fields or EMF?

A. All electric lines and equipment, including the lines to homes and businesses and home appliances, create EMF. Research to date has not found any link between EMF and health problems.

Land Use & Farming

Q. What impact do solar projects have on the land?

A. Very little. In flat areas, little earth-moving is needed for solar projects as the piles for the panels are installed directly through the top soil.

Q. Do solar projects have foundations?

A. Almost none. Piles for panels generally have no foundations and most other equipment is installed on gravel pads, prefabricated concrete, or metal skids. Fence posts usually have small foundations.

Q. How much of the land in a solar project is occupied by equipment?

A. Much less than half. Solar panels are spaced apart to prevent shading and allow room for inspections and maintenance of equipment and maintenance of the grounds.

Q. How is storm run-off controlled?

A. Solar projects are required to implement erosion and sediment controls during construction and prior to operation obtain a stormwater management permit that implements an approved Stormwater Pollution Prevention Plan.

Q. Can fields used for a solar project be returned to farming?

A. Yes. A study by N.C. State University found that solar has only short-term impacts on productivity and is a "viable way to preserve land for potential future farming."

Q. What happens to drain tile on farm fields?

A. Drain tile would be located and preserved during construction to the extent possible. When a solar project is decommissioned, any affected drain tile systems would be restored.



Appearance

Q. What does a solar project look like?

A. Solar projects have very low profiles, follow the natural contour of the land, and can be effectively screened with rows of trees and large shrubs, especially in flat areas.

Q. How tall are solar panels?

A. The "high end" of solar panels usually are 8-12 feet from the ground and are surrounded by a fence at least 6 feet tall.

Q. Can trees and shrubs outside of the fence enhance the appearance?

A. Yes. In flat areas, preserving any existing vegetation and planting a row of evergreen trees and large shrubs can greatly enhance the views near neighbors' homes and along busy roads.



Impacts to Neighbors

Q. Do solar projects make any noise?

A. With few moving parts, solar projects come close to operating silently. Some of the equipment makes small sounds but cannot be heard by neighbors.

Q. Do solar projects have any permanent lighting?

A. Virtually none. Motion-activated and down-ward facing lights are located only at gates and at some equipment.

Q. Do solar panels reflect sunlight?

A. Solar panels are designed to absorb, not reflect, sunlight and reflect less light than glass or water. All but about 2% of the sunlight is absorbed and converted to electricity.

Q. Do solar projects create any traffic?

A. Virtually none. A few workers in pick-up trucks will inspect and maintain the equipment, maintain vegetation, and occasionally may clean the panels with water.

Q. Do solar projects create any odor or dust?

A. No.

Construction & Decommissioning

Q. How long does it take to build a solar project?

A. Construction of most solar projects takes from 6 to 12 months, much faster than a traditional source of electric power generation.

Q. What happens at the end of the useful life of the solar panels?

A. After the productive life of the panels, which is 35-40 years, the solar project will be "decommissioned" and the land returned to its current condition.

Q. What if the owner of a solar project goes bankrupt?

A. If an owner went bankrupt, it is very likely that a new owner would take over. Solar projects are expensive to build, but reliable and inexpensive to operate, so there are strong incentives to continue operations.

Q. What assurance is there that the owner will carry out the decommissioning?

A. A financial security, such as a bond, is required to ensure funds are always available for decommissioning and restoration of the land.





Surry County
Virginia

SURRY COUNTY

2040

COMPREHENSIVE PLAN

Surry County
Board of Supervisors
Month - Date - Year



About the Comprehensive Plan

"The best way to predict your future is to create it."

- Abraham Lincoln

Plan Purpose

Surry County's Comprehensive Plan is a "blueprint" that provides guidance about how the community will move into the future. The Plan incorporates the visions of residents, businesses, and local officials. Surry County faces many choices about the community it wants to become. The Plan provides direction for making these decisions in a way that will allow the County to continue transforming itself into a community that is consistent with its vision and goals.

The Plan addresses four main questions in setting the course for the physical, social, and economic development of the County:

- What is the current status of the County?
- What do trends indicate about the County's future?
- What are the County's goals for the future?
- How can it achieve those goals?

The Plan is also a legal document. The Commonwealth of Virginia requires that localities prepare and adopt a comprehensive plan for the physical development of the land within its jurisdiction under Section 15.2-2223 of the Code of Virginia. The Plan must include assessments of existing conditions, growth trends, and future needs for the order, convenience, prosperity and general welfare of the County's inhabitants. The Code of Virginia also requires the Plan to include transportation, land use, affordable housing, and coastal resources management components. The Plan may also consider future needs regarding public facilities such as parks, schools, waterworks, sewage disposal, historical areas, and environmental preservation.

Planning Process

Plan Leadership

The Plan was developed under the leadership of the Surry County Planning Commission, which also served as the steering committee for plan development. This committee was considered the most appropriate body to incorporate the diversity of interests in the community including: business, agriculture, education, tourism, environment, recreation, transportation, history, and culture.

Plan Outline

Community Vision

Surry residents embrace living in a “connected community”. They are deeply connected to their community’s heritage, land, and natural resources. They also prize physical and digital connections that allow them to pursue opportunities available only to those who choose Surry’s unique mix of rural and modern life. This idea of community connectivity is embodied in a vision for the future of Surry County based on the concepts of balance, choice, and opportunity.

- Balance
 - Surry County will plan for change while respecting the past and present.
- Choice
 - Surry County will strive to be a community of choice for residents and businesses.
- Opportunity
 - Surry County will proactively and continually seek opportunities to improve the community.

Planning Framework



The Plan’s framework is hierarchical. Its overall direction is based around the community’s vision for the future and themes that establish planning priorities.

The Plan then identifies goals, objectives, and strategies to improve the community. Goals set the course for achieving the community vision. Objectives provide policy direction for addressing the Plan’s goals. Strategies are specific actions that will be undertaken.

Plan Themes

The Plan is structured around three key themes that were identified early in the planning process. These themes provide the foundation on top of which the plan is built. The elements of the plan are designed to further outcomes related to these themes.

- Preserve Surry's Character
- Grow Surry's Economy
- Enhance Quality of Life for All Residents

Plan Elements

The Plan contains four elements which provide recommendations to address the key themes identified by stakeholders. The plan elements are supported by data and analysis in the *Planning Influences and Opportunities Report*.

- **Element 1: Enhancing Quality of Life for Surry Residents**
 - Improving the quality of life of Surry residents is the Plan's highest purpose. Surry residents identified two factors that fundamentally influence quality of life in the County. These are preserving community institutions, connections, and character, and expanding opportunities for Surry residents.

- **Element 2: Surry County Future Land Use**
 - Surry's future land use planning reflects a two-part strategy to promote development primarily in and around the Town of Surry and along the Rt. 31 corridor, while maintaining the rural character of the rest of the County.

▪ **Element 3: Transportation - More Than Roadways**

- Surry's transportation planning prioritizes investments that provide multiple benefits to the County and its residents. The Plan's three transportation planning priorities are facilitating convenient interregional connections, ensuring safe travel, and using investments in the transportation system to further land use, placemaking, and economic development goals.

▪ **Element 4: Economic Growth and Diversification**

- Surry's economic development goals focus on both growing and diversifying its economy. The Plan makes recommendations based on local and regional assets and the needs of the community. Recommendations are intended to:
 - Build Surry's local economy by cultivating businesses that improve quality of life, attracting retirees to Surry County, and supporting entrepreneurs and small businesses.
 - Maintain Surry's heritage economy based on agricultural and forest lands.
 - Grow Surry's economic base by designing an effective economic development strategy and focusing investment in priority industry sectors such as advanced manufacturing, distribution³, and tourism and recreation.

³ Surry's opportunity in the distribution sector most likely lies in a partnership with neighboring counties positioned directly on the U.S. 460 corridor.



"The Countrie it selfe, I must confesse is a very pleasant land, rich in commodities; and fertile in soyle..."

Samuel Argall, ca. 1609

Surry County
County Administrator's Office
P. O. Box 65
45 School Street
Surry, Virginia 23883

Mr. Ray Phelps
Chief of Emergency Management
Telephone: (757) 294-5205
Fax: (757) 294-5204
Email: rphelps@surrycountyva.gov

February 19, 2020

Surry County Board of Supervisor Members,

Welcome to your first BOS Retreat as a new Board and I want to thank you for the opportunity to provide you with a quick synopsis of the future direction of Surry County Emergency Management. I just wanted to touch on a few items that we are diligently working on; I have provided supporting documentation that may answer some questions that may arise.

Our Mission Statement precedes the EMS, Fire Services and Emergency Communication Study which is the framework for the direction Surry County Emergency Services is heading. The time constraints of today's retreat prevents us from getting to far into the weeds; however, I hope your review of this document will shed some light on who, what, when and why we are making positive changes in our County.

One of the most time sensitive issues involves the transition of the Dispatch Center from the Sheriff's Office to the County. I was tasked with this project the very first week I started working for Surry County back in February 2017 and have been carefully laying the foundation to make this transition seamless as possible. Judson Smith, the E911 Communications Manager, has been the missing link and has been a tremendous asset to the County and the future of the Dispatch Center.

We will be creating an environment where the dispatchers are led to be the best they can so they take pride in the services they provide the citizens of Surry County. This transition by all means will not shut the Sheriff out and will not lessen the services he and his Deputies receive. The transition will involve training, policies, protocols and more and will create accountability for the services they provide.

We welcome input from the Sheriff and his Deputies just as we have from the beginning of this project. Should the Sheriff have any concerns about the dispatchers a simple phone call or email will result in a resolution to any issue. Judson plans to raise the bar in such a way that our Dispatchers will strive to be the best they can, promote teamwork and invite suggestions from the staff that perform those duties; doing this creates a sense of ownership which in turn will create a better service for all.

Sincerely,


Ray Phelps



Surry County Department of Emergency Services

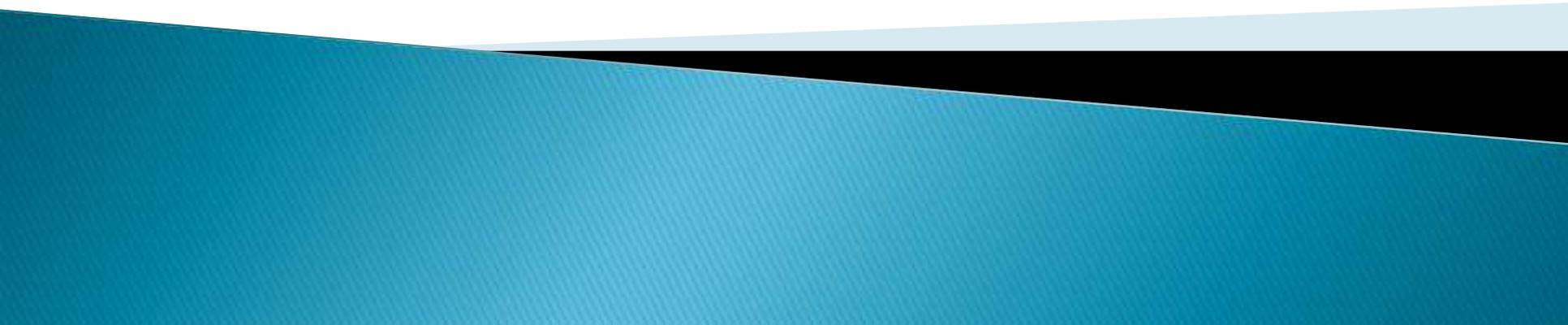
Mission Statement:

Our Mission is to be prepared to provide the Citizens of Surry County and its visitors with a comprehensive and cohesive coordinated system of volunteer and professional resources to protect lives and property during unforeseen man-made and natural disasters

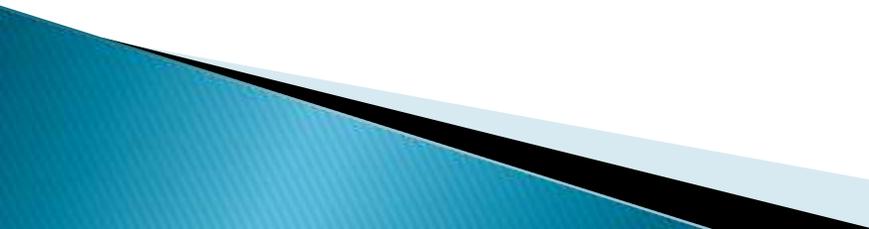
Surry County Parks and Recreation

*Strengthening Our Community Through
Parks and Recreation*

Where we are now...where we are going



Highlights of 2019–2020

- ▶ Repurposed an area in the Rec Center to be used as a cyber center.
 - ▶ A raised Senior/Community garden was built on the Rec Center grounds.
 - ▶ Applying for national recognition award through NRPA.
 - ▶ Rec Racing program started which will involved people from 12 and up to participate in fun adult tricycle races. Not only will they engage in healthy activities, but it also promotes family and community togetherness.
 - ▶ Kickboxing classes–Monday, Wednesday and Saturday.
 - ▶ Martial Arts classes–Monday and Wednesday at the Rec Center. We currently have 12 students enrolled.
 - ▶ Zumba classes–Tuesday and Saturday.
 - ▶ Began the process to bring youth baseball and adult softball back to the recreation department.
 - ▶ Open gym opportunities are now back on a regular schedule.
- 

Upgrades/Repairs to the building

- ▶ Interior painting
 - ▶ Repairs to ceiling throughout the building
 - ▶ Resurfacing of the parking lot
 - ▶ Security system upgrade
 - ▶ Digital sign out front
 - ▶ More space for exercise classes
- 

Current and New Programs

- ▶ Our focus remains to sponsor and provide events and activities which are all inclusive in terms of being family oriented and bringing the community together as a whole. These events include:
 - Annual BBQ Cook-Off
 - Annual Community 4th of July event
 - Annual Father's Day Weekend Fishing Tournament
 - Annual Kite Festival
 - Movie on the Lawn (Friday's during the summer)
 - Memorial Day 5K Run/Walk
 - Annual Music Festival
 - Community Water Balloon Battle and Cookout

HAVE A WONDERFUL NEW YEAR

DYFR NEWS UPDATE - DECEMBER EDITION



STEP OUT TO DIABETES 2019

Surry, VA – Community Health and Wellness is a factor that Surry is putting more effort into for encouraging youth and adults to strive for a healthier community. Although, many are buying fresh fruits and vegetables, exercise is a must to maintain a healthier life style. What better time to exercise than for a cause. American Diabetes was the focal point of a day from 10:00AM to 2:00PM on Saturday, October 5, 2019.

Dr. Clifford Morris from Morris Cardiovascular & Risk Reduction Center gave tips on healthy living. One catchy phrase that he used is "Put the fork down". This concept says that you should put your fork down between eating and chewing. For most of the time many continue to eat without pausing, which can cause one to eat more. Another tip was to stop eating when you are 80% full. Dr. Morris spoke boldly as he taught to know your purpose. When you know your purpose, you wake up knowing that your day will be great. Dr. Mor-

ris had many other tips for the crowd of 109 walkers, zumba participants and healthy food tasters, but we are coerced to move on to The Blue Zone 9 Project that Mr. Morris introduced to the participants. This program consist of the following: Purpose, 80% Rule, Family First, Belonging, The Right Tribe, Wine at Five (based on beliefs), Plant Slant (eat more vegetables), Move Naturally and Down Shift. There are five areas in the world where people live 100 plus years because of their lifestyle. They are Nicoya Costa Rica, Sardinia Italy, Loma Linda California, Okinawa Japan and Icaria Greece.

The vendors that supported the event were Boar's Head, Virginia Cooperative Extension, Ameriprise Financial, Horizon Healthcare, CAAN-DUU Coalition, RAW Affects, Yvette's Prepared Foods, Thelma's Retail Therapy and United to Empower. DJ Stanley Holloman provide music, DC's, DJ and More LLC provide a bounce house for the kids. YMCA ZUMBA Instructor Regina Jen-



Dr. Clifford Morris Morris Cardiovascular & Risk Reduction Center Speaker at Diabetes Walk

kins and Rhesa Weatherspoon from RAW Affects instructed classes on how to exercise while sitting in a chair and performed zumba workout.

"Building Teams Against Diabetes" was the theme of the event. Businesses and the faith-based community represented in their organization's t-shirts and participated in the parade walk around the town of Surry. The event was held at Surry's Community Farmer's Market. It was the first event after the ribbon cutting ceremony of the new pavilion leading Surry County to be H.E.A.L.'ed (Healthy Eating and Living).

Lock Boxes were given out in our locality which are a part of District 19 Community Service Board's efforts to keep youth safe from harmful drugs.

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Special points of interest:

The collective work of the Alliance called America's Promise involves keeping Five Promises to children and youth that form the conditions they need to achieve adult success. The Five Promises are:
Caring Adults
Safe Places
A Healthy Start
Effective Education
Opportunities to Help Others.

BULLY FREE ZONE
"DANCING FOR KINDNESS"

cont. on Pg. 2

The 21st Century Community Learning Center and The Surry County Department of Youth and Family Resources (DYFR) sponsored a dance to help others. Youth brought non-perishable food items to the event at LPJ Middle School on November 22, 2019.

Sheriff Carlos Turner gave tips on bullying. The kids were offered a question and answer segment to give them a voice in learn-

ing more about bullying. Tips were given on what to do if they are bullied and who they can seek for assistance.

The Precious Jewels and Boys 2 Men after school program participants enjoyed dancing and socialization. DYFR thanks all who participated in any way.

If you would like more tips on bullying, please contact the Department of Youth & Family Resources at 757-294-5278.



Precious Jewels



Precious Jewels & Boys 2 Men

BULLY FREE ZONE—CONTINUATION HOMECOMING PARADE

Our Youth are on fire for claiming their school to be a bully free zone. As they passed out goodie bags with candy and drug free risk bands at the Homecoming parade in October, they chanted out boldly No bullying. Also, they shared bookmarks with information on them of no bullying representing a drug free life. The youth wore red caps and red shirts to show unity of "No Drugs and No Bullying". This awareness effort was sponsored by the DYFR with collaboration with the Surry County School System.

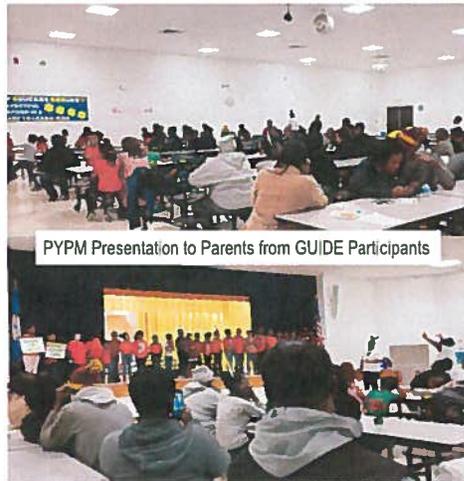


In a bully free zone there has to be talk about respecting others, following rules, and protecting yourself and others. That's where GUIDE— Guiding Underage Individuals in Diverse Educational Program comes in the picture. Dur-

ing sessions at Surry Elementary School, youth learn more about self esteem, character building and goal setting in the GUIDE Program. Youth at this age, 1st—4th grade, are continuing to figure out their emotions. Youth are given some techniques to over come some challenging behaviors. As the DYFR program coordinators (Paquita Spratley and Glenn Lytle - along with volunteers) facilitate the youth, they find fun ways to interact to various personalities and strengths of the youth. During GUIDE, youth interact in a positive safe environment while learning more about social skills and all of the dynamics that go along with learning to get along with others.

Protecting You and Protecting Me (PYPM) is an evidence based curriculum that has been utilized in Surry School's for over 8 years through the DYFR. The DYFR incorporates lessons through various after school programs consistently to instill positive habits. Students enjoy sessions and are very receptive to the activities.

PYPM's curriculum teaches Respect , Order, and Protection to youth. The outcome areas of this program are to have healthy and safe youth and some of the indicators are youth who are not using alcohol, tobacco or illegal drugs. This curriculum focuses on keeping youth safe even if they have to ride with individuals who may have been drinking.



PYPM is a classroom-based alcohol-prevention curriculum designed to reduce alcohol-related injury and death among elementary students in grades 1 to 5 ... The program, also, includes lessons for parents to use with children at home. www.promisingpractices.net / program.asp? programid=234

YOUTH EMPOWERMENT EVENT



In October, the youth had a wonderful and powerful youth motivator , Ms Holly Flood from the John Maxwell team, to empower them with tools to show the power of a Positive Self- Image. In her session, the youth completed The Youth Exploratory Report, a preliminary DISC profile assessment for youth. They discovered their own personality style, whether Dominant, Inspirational, Steady or Competent. Ms. Flood discussed possible career paths where their personality type shines. Also, they talked about what career they would like to explore after

high school and how they can use the strengths of their personality style to excel in that career path. Lastly, youth looked at strengths and areas for growth for their personality type. Youth talked about their strengths and how much they matter. The session's topics built participant's confidence .

By participating, youth were part of a Global Youth Initiative with a goal to reach 500,000 youth around the world in October.

CSA STEERING COMMITTEE MEETING

Children's Service Act (CSA) Steering Committee Meetings are held quarterly to discuss topics that deal with the CSA and the System of Care Expansion. Meetings consist of topics that deal with best practices in localities, High Fidelity Wrap Around Services, residential placements, private day placements, Family Support Partners, ICC— Intensive Care Coordination, Open Table, Youth Move, budget review of capacity funding, Suicide Prevention, State Legislature decision planning and much more.

The November 21, 2019 Steering Committee was held at the DYFR. Members were greeted with a welcome banner, upbeat music, and warm smiles by staff. As the members danced their way in from the Crater Region; *Hopewell, Prince George, Dinwiddie, Petersburg, and Surry County*, they settled down to discuss plans for ICC, the UMFS —United Methodist Family Services-capacity building plan, sustainability, training opportunities, and what's next after the community Convening training.

Welcome to Surry County !



OPEN TABLE MOVEMENT

The Open Table Movement is right here in Surry County. Tables are formed in communities to render support to an individual or a family in need of achieving goals to reach their hopes and dreams.

Each table formed consists of 6 to 10 participants that will assist someone for a year—meeting them every week for a year. The individual/ family will develop a “Life Plan” and people in the community will assist them to reach their goals. Tables consist of individuals who can get in contact with people who can assist with areas such as: transportation, health, finances, education, spiritual life, housing and just be a supporter.

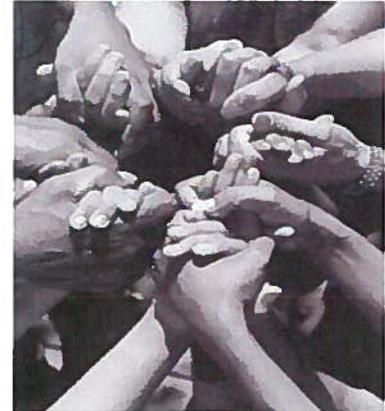
Open Table is a part of the Systems of Care Values and Principles using evidence based practices. The Open Table model began in 2006 when the founder Jon Katov realized that people who live in poverty needed more than food and clothing to succeed, he realized they needed relationships. These networks of relationships are through businesses, government, faith

based and individuals that are interested in helping their community. Meetings have been held in Surry County and Dendron to plan for this exciting movement. The village is right here.

So, what about Surry County? Yes, presently, a table is underway. The first interest meeting was held on August 1, 2019 at the Parks and Recreation Center in Dendron, VA. There are 2 mission leaders, Velma Shaw and Constance Howard. At the present time, a total of about 6 members are interested; yet, there is a need to have more volunteers in this area. But, remember this position calls for very dedicated members.

The mission leaders are planning to have another meeting in the near future to organize and recruit more volunteers.

If you would like to know more about Open Table contact Velma Shaw at vel4866@aol.com or text Constance Howard at 757-272-4682. Also, you may call the DYFR for assistance and ask for Spencer Logan.



Each Table is hosted by a congregation or organization. The team of volunteers varies with 10-12 people serving a family and 6-8 serving a young adult. Tables meet once a week and socialize outside the meetings. A volunteer Mission Leader Team is trained in each faith community or community organization to lead the model and launch Tables.

From Open Table Brochure—
https://drive.google.com/file/d/0B7Ano_ir9SB5WFdaa0k3R0VVYm8/view

YOUTH FOCUSED PARTNERS' MEETING

Surry County's Youth Focused Partners' Meeting is one of the most powerful meetings for community outreach and information referrals. Agencies from the private and public sector come together quarterly to learn more about their community and how they can be more involved.

Mrs. LaJeune Stone grasped the idea from UMFS, United Methodist Family Services as the county embarked on a grant for the System of Care about 3 years ago. UMFS spoke about a group called Open Table and the idea of having a community to become a village for our youth. Although the concept of Open Table is different, the idea of taking care of our youth stroke a cord in a different way. Stone felt that it was important to reach out to all sectors to get involved with building solid foundations by speaking the same language throughout the community. “Why not have everyone talk the same talk, so we can learn together to face challenges that may arise. Let's learn about Trauma, Mental Health issues, those topics that we may not be quite ready to dive into, in totality.”

In October 2019- Mr. Spencer Logan, our new CSA Coordinator, organized the agenda to include Mental Health Awareness; in which staff, Benita Veiga, Glenn Lyttle and LaJeune Stone facilitated a session to the youth focused partners. The fore-mentioned staff members received their certification for 3 years in Youth Mental Health First Aid USA on September 20, 2019.

Mr. Doug Lewis, Career Coach for P.O.W.E.R. Program, presented to the group on the what's, when, and how they

can assist our youth through their program to receive work experience and opportunities for employment.

*Next Meeting Scheduled for January 28, 2020 at 9AM. Call the DYFR for more information.

Community comes together for the greater good of youth and families. Participants say, “What can I do to Help?” “I want to learn more about our youth.”



Top: Constance Howard, Sarah Mayo, Doug Lewis, Joan Richardson, faces hidden; Velma Shaw, Kelly King, Jeanette Shaw Right: Dr. Reginald Freeman, Reuben Montgomery, Pearlina Montgomery, Honorable Judy Lyttle & Spencer Logan



Spotlight on Staff Appreciation—Staff in Action



County Christmas Event 2016



Youth Focused Partners' Meeting-2019 Staff Sharing Mental Health Initiative Information



Precious Jewels & Boys 2 Men 2019



Precious Jewels & Boys 2 Men 2019



Youth Services Citizen Board & Staff 2019



Mental Health Initiative First Aid 2019

Benita Veiga—DYFR-Administrative Assistant 20 years & 9 months Office Manager, 4 months *Training—Advancing Youth Development (AYD) Best, Youth Mental Health First Aid USA, Volunteer Training, Emergency Services Training, Active Attacks Training, CPR First Aid, Crucial Conversation. **Spencer Logan**— Program Coordinator 9 years & 7 months CSA Coordinator 4 months * Training—AYD Best, Protecting You Protecting Me, Trauma, Youth Mental Health First Aid, Volunteer Training, CSA New Coordinators Training, High Fidelity Wrap Around, Active Attacks Training, Crucial Conversation, System of Care, CPR First Aid.

Paquita Spratley— DYFR— Program Coordinator 3 years. *Training—Autism, Adverse Childhood Experience, Volunteer Training, Active Attacks Training, System of Care, High Fidelity Wrap Around, CANS, Crucial Conversation, CPR First Aid.

Glenn Lyttle— Health & Well Being Director at YMCA 8 years, Youth Programs-Program Coordinator 1 year & DYFR Program Coordinator 4mths.

*Training- Trauma, Youth Mental Health First Aid, Crucial Conversation, Active Attacks Training, CPR First Aid.

LaJeune Stone— DYFR-Program Coordinator 12 years, CSA Coordinator 6 years , Director 4 months.

*Training— AYD Best, Protecting You Protecting Me, Trauma, Youth Mental Health First Aid, Grief Counseling, Youth Counseling, CSA New Coordinators Training, High Fidelity Wrap Around, Open Table, Youth Move, Autism, Emergency Services Training, Cultural Identity, Active Attacks Training, Domestic and Sexual Violence, Crucial Conversation, System of Care, CPR First Aid, CANS.

Note: Only a minimum of trainings appear in listings.



Foster Care Event 2017



Precious Jewels & Boys 2 Men 2019



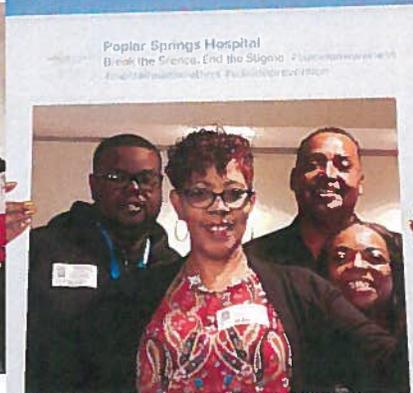
2009 GUIDE



AYD Best 2008

AYD Best 2012

News Feed



Humor for the Day. Self-Care is Real!

What's different about this picture?

Not a typical work day. But , things happen sometimes!

- Remember to take time out for you.
- Get some Me time.



If you would like more information on any of our special projects please contact the Department of Youth and Family Resources at 757-294-5278 or beveiga@surrycountyva.gov. Also, If you would like to be included on our email list for newsletters please contact our office to leave your email address for group email mailings. - DYFR Staff

SURRY COUNTY DYFR PROGRAMS AT A GLANCE

COUNTY WIDE VISION STATEMENT

"Surry County strives to improve the quality of life of our youth and families by encouraging economic growth, improving its citizens' health, and achieving educational excellence."



The Surry County Department of Youth and Families Resources mission is to enhance the quality of life for Surry County youth and families by promoting positive youth development, increasing assets, and reducing risk factors.

The agency addresses youth concerns, assesses needs for services, increase community collaboration, assists in the establishment of effective programs for youth, and provides information/referrals to other organizations.

Our Staff

LaJeune Stone	Director
Benita Veiga	Office Manager
Spencer Logan	CSA Coordinator
Paquita Spratley	Program Coordinator
Glenn Lyttle, Jr.	Program Coordinator

Training for Youth Workers

Advancing Youth Development

Advancing Youth Development is a training that enhances the capacity within organizations to provide their staff and volunteers with the youth development knowledge and training needed to be successful. Trainings are held and facilitated upon request to build the capacity of the organization and community to work more effectively with youth.

CHARACTER COUNTS! (CCI)



Character Counts is a national K-12 character development program based on universal core ethical values known as the Six Pillars of Character: trustworthiness, respect, responsibility, fairness, caring, and citizenship. Through professional development, CCI works toward the goal of changing school climate by teaching educators to comprehensively integrate the Six Pillars into standards-based curriculum, discipline referrals, student recognition, parent involvement, and every aspect of school community.

Choose Respect & Safe Dates

Choose Respect is a local and national initiative that helps teens form healthy relationships to prevent dating violence before it starts. The program helps parents, caregivers, older teens, educators, and other caring adults motivate teens to challenge harmful beliefs about dating violence and take steps to form healthy and respectful relationships. *Safe Dates* is the only evidence-based curriculum that prevents dating abuse: a factor often linked to alcohol and other drug use. Highly engaging and interactive, *Safe Dates* helps teens recognize the difference between caring, supportive relationships and controlling, manipulative, or abusive dating relationships. Sessions are offered independently or simultaneously with other programs.



Children Services Act (CSA) Program

This mandated program, inclusive of the Community Policy and Management Team (CPMT) and Family Assessment and Planning Team (FAPT), is committed to providing child centered, family-focused, community-based services from children in the least restrictive environment. The teams serve and advocate for intensive treatment services through a comprehensive, collaborative system of care. The DYFR provides monitoring, oversight, and coordination of the program. Special eligibility requirements apply and services are based upon individual needs.

Guiding Good Choices (GGC)

The goals of this program are to reduce substance abuse and behavioral problems by increasing involvement and interaction between parents and children. The program reduces family conflict and increases the promotion of good behavior through more consistent family management/engagement. This program is designed for **parents and caregivers of 9-14 year olds**. Sessions are held March through April.

Guiding Underage Individuals Through Diverse Educational Programs (G.U.I.D.E.)



G.U.I.D.E. mission is to foster the development of caring relationships between caring adults or teen leaders with elementary age youth. The program aims to promote positive youth development that will help young children to: refrain from bullying and other negative behaviors, make healthier and safer choices that will protect them at home, school and community. Sessions are held afterschool.

Law Related Education

Office on Youth staff and partner organizations use Virginia Rules. *Virginia Rules* is Virginia's state-specific law-related education program for middle and high school students. The purpose of *Virginia Rules* is to educate young Virginians about Virginia laws and help them develop skills needed to make sound decisions, to avoid breaking laws, and to become active citizens of their schools and communities. This program provides services for juveniles who have come before the court, at intake/diversion, or are on probation.

Lunch Buddy

Lunch Buddy is a mentoring program offered in partnership with Surry Elementary School that serves students in grades 1st through 4th. The program focuses on helping to improve student's social skills and encourages academic achievement by reinforcing positive behavior for students experiencing learning difficulties, classroom management problems, or family issues. Volunteers meet with students during the lunch period in engaging sessions. Sessions are held in the fall and spring that last from 8 to 12 weeks each. Students are referred by the teacher, school administrator or parents/guardians.

Mentoring Programs (Precious Jewels, Boyz to Men, YLOV, and YMOV)

These programs serve middle and high school age students. Each program provides caring role models who engage students, through group sessions, in an array of social and educational activities that promote positive behavior, healthy self images/self esteem, prevent early sexual behaviors and prevent school dropout. Trained volunteers and contractual service providers are utilized to serve students during afterschool and weekend activities. Referrals are accepted by parents and school staff. Evidenced based curriculums are used.

Protecting You Protecting Me (PYPM)

The PYPM curriculum teaches elementary children "safety skills," including how to refuse a ride from an unsafe driver and how to reduce the risks associated with riding with a driver who is not alcohol free. Sessions are taught during school hours.

Too Good for Drugs (TGFD)

This program is a school-based drug prevention program designed to reduce students' intention to use alcohol, tobacco, and illegal drugs, while promoting pro-social attitudes, skills and behaviors. The curriculum is used with other programs or as a stand alone.

Youth Council

Members consist of youth in the middle and high School who are citizens of the county. The purpose of the council is to help build leadership skills, strengthen communication between youth and adults, and assist in planning/implementing youth related activities in the county. Members are involved with civic engagement, summer camps, and volunteer projects throughout the year. Meetings are held twice per month. Annually, members have an opportunity to attend **YADAPP**. YADAPP is for high school students (rising grades 9-12) who are leaders in their school or community and are interested in preventing substance use among their peers. Participants attend YADAPP as a group of four students plus an Adult Sponsor.

Youth Workforce & Career Connections (Y*W*C*C*)

YWCC is a year round program which youth and young adults explore various career clusters through after sessions, occupational training opportunities, and special events. The program offers extra support to help students achieve their work and educational goals. **High school students** who successfully complete the program requirements are given the opportunity to apply for summer employment with the **Summer Work Readiness Student Trainee Program** as funding permits. **Older age individuals**, 18 to 25 years, are given an opportunity to work in **intern positions** while they seek to earn a certificate or college degree.

SERVING OUR COUNTY'S YOUTH AND THEIR FAMILIES!!!!

YOUTH SERVICES CITIZEN BOARD

The mission of the Youth Services Citizen Board is to advocate for the youth of Surry County.



GENERAL INFORMATION

The Surry County Youth Services Citizen Board is responsible for acting in an advisory capacity to the Board of Supervisors, Town Councils, and the Department of Youth & Family Services on matters related to youth. The Board invites all interested to attend its monthly meeting held on the second Monday, at 6:00 p.m. at the Surry Department of Youth & Family Services.

Members 2019-2020

Mr. George Fautleroy, Sr.	Chair, Surry
Mr. James D. Charity, Jr.	Vice-Chair, Bacons Castle
Mr. Anthony Washington, Sr.	Claremont
Ms. Vanessa Scott	Carsley
Mr. Kenneth Bell	Dendron
Mr. Breyon Pierce	At-Large
Miss Destiny Jones	At-Large
Miss Bre'cha Byrd	Surry Co. High School
Miss Amiya Shears	L. P. J. Middle School



We would love to **PARTNER** with your Organization!

Staff is available upon request to assist schools, organizations, and agencies with special presentations.

PRESENTATION TOPICS INCLUDE

Youth Advocacy & Advancement
Bullying
Character Education
Drugs and Alcohol Prevention
Abstinence & Teen Pregnancy Prevention
Work Readiness/Career Guidance/Goal Setting
Parenting Trainings
Male Responsibility
Choose Respect (Healthy Relationships)
Dating Violence and Abuse

RESOURCES AVAILABLE

Youth Data & Statistics
Teen Resource Directory
Youth Services Resource Directory
Lending Library Video & Book Collection
Services for Juveniles before Court
Career Development & Job Seeking Information
Youth Driver Packets

FORUMS/SESSIONS/EVENTS

Back to School Supply Drives/Block Party
Caregiver Support Programs
Character Development & Leadership Summits
Civic Engagement Opportunities
College Tours
Youth Recognition Programs
Family/Community Days
Youth Needs Symposiums/Forums
Fatherhood Workshops/Father-Child Events
Let's Talk "Communication" Forums

Collaborative Campaign Efforts

- Autism Awareness Campaign
- Bully Prevention
- Child Abuse Prevention Campaign
- CAAN-DUU (Coalition Against Alcohol Nicotine & Drug Underage Use)
- Domestic Violence & Sexual Assault Prevention & Awareness
- Mental Health Awareness
- Teen Dating Violence Awareness
- Red Ribbon Campaign for Substance Abuse Prevention



Volunteers are always NEEDED!

Our trained team of caring adults serve as facilitators, mentors, coaches, and support young people with everything from homework to planning fun activities in safe environments.

Volunteers have an enormous impact on the health and well-being of youth. They engage in educational and recreational activities on a regular basis and are constantly advocating for programs to promote positive youth development. To ensure the safety of our young people, background checks are **required for volunteers engaging in direct contact** with youth.

For more information about the programs or services provided, please contact the:

Surry County Department of Youth & Family Resources

11 Lebanon Road
P.O. Box 65
Surry, Virginia 23883

Ph: (757) 294-5278 Fax: (757) 294-3079

website: www.surrycountyva.gov

Surry County Department of Youth & Family Resources



AMERICA'S PROMISE ALLIANCE
100 BEST COMMUNITIES
For Young People

<https://www.facebook.com/SurryCountyYouth>

Relevance

Surry County is a rural community within a food desert lacking places for children to play and adults to exercise using fitness equipment. Virginia has the 29th highest obesity rate in the nation according to *The State of Obesity: Better Policies for a Healthier America* released August 2017. Virginia's adult obesity rate is currently 29%, up from 18.7 percent in 2000 and from 11.3 percent in 1990. A 2005 Center for Disease Control and Prevention survey revealed that 28% adults do not engage in any type of physical activity or exercise. Decreased physical activity and lack of exercise results in increased body mass index, cholesterol, and blood sugar levels. The 2018 OBICI Health Assessment reveals that 25.2% of our residents have fair/poor health which supersedes the surrounding counties by at least 5-10 percentage points. The nearest grocery store and fitness facility is at least a thirty-minute drive, which could discourage residents from making the decision to take the extra time and drive to the YMCA or the nearest grocery store. Surry County VCE would like to continue focusing on improving health and wellness with gradual changes resulting in keeping one's body in good condition and making gradual improvements in health choices. The target audience will youth age 5-seniors.

Response

4-H Youth Development

- The 4-H Youth Development agent will teach sessions to youth group's food preservation (freezing and canning).
- Surry 4-H Youth Development Extension Agent will offer seminars on weekly lunch prep where youth will learn the importance of packing a balanced lunch for school in 5 Sessions at Luther Porter Jackson Middle School.
- The 4-H Youth Development Agent will offer Teen Cuisine Sessions and Health Rocks for youth ages 9-19 during club meetings and/or Health and Physical Education Classes.
- Surry Unit Coordinator will collaborate with the Director of Surry Parks and Recreation to incorporate a walking trail.
- Surry County VCE Unit Coordinator will work with Surry Parks and Recreation, Surry County Department of Social Services, Surry County Department of Youth and Family Services, Surry County Public Schools, and Surry County Economic Development to put on a mini-fair. Activities will include;
 - Food Challenge Competitions
 - Agricultural Educational Displays and Demonstrations/Exhibits
 - Wellness Walk/Marathon
 - Livestock show

Family and Consumer Science

- Surry County VCE will offer the Family Nutrition program, which meets once a month and focus on preparing easy and healthy balanced meals with the entire family.
- The Surry FCS agent will offer walking food demonstrations sharing healthy recipes with those working in the Surry Government Center and the seniors that attend the Surry Senior Citizens Program.
- Walking teams will continue where teams walk either during lunchtime or after work where colleagues can encourage and challenge one another.

- Fit-ex will start in January with challenges and incentives for those reporting that they increased fruit and vegetable intake, physical activity increases, and increasing water intake. Incentives will be awarded (water bottles, headphones, planners).
- Surry FCS Extension Agent will offer the LYFT program focusing on increasing physical activity for the Surry Senior Citizens including sixteen workout sessions and assessments.
- Surry FCS agent will provide 4-H yoga to which helps youth to build concentration, breathing, and stretching techniques which increases confidence, improves behavior and adds to a positive self-image.

Agriculture and Natural Resources

ANR Agent will conduct educational workshops to empower citizens with the skills, confidence and knowledge to plan, plant and preserve a personal, family or community garden. The ANR Agent will collaborate with the Surry Parks and Recreation Department to offer workshops at the departments two community gardening locations. The ANR Agent's workshops will cover the following topics:

- **Soil Fertility** - (Information on the proper ways to collect a soil sample and interpret soil test data, applying nutrients and compost).
- **Garden management** – (Information on the different types of gardening systems and planning and crafting each gardening system. Hands on demonstrations will also take place at the Surry Parks and recreation community gardens).
- **Plant Science**- (Information on planting dates, crop rotations, harvest dates, how to harvest, how to plant and growing conditions crops prefer).
- **Integrated Pest Management**- (Information on identifying pest, identifying plant disease, managing pest and diseases based on thresholds, crop rations for IPM, and homeowner pest management guide as a resource for recommendation and pest control).

Agriculture and Natural Resources Program Assistant

The ANR Program assistant will assist ANR Extension Agent during programming and programs. ANR agent will assist with planning stages of the Farmer's Market by: contacting and recruiting vendors, assist in vendor training and facilitate scales certification events. The ANR Program assistant will conduct well water testing and pesticide recertification workshops.

Unit Administrative Assistant

The Unit Administrative Assistant will assist with marketing programs by creating brochures and handling registration for workshops and programs. Unit Administrative will order items needed for program success and assist with set up and take down of event spaces.

Results

Those participating in Surry VCE's "Improving Health and Wellness with Gradual Changes" programs will enjoy positive health benefits and increase self-esteem. Expected short-term outcomes of participation in this program will be youth expanding their knowledge in nutritional planning and trying new and healthy foods and snacks. Additionally, expected long-term outcomes of this program is for all participants preparing and planning meals; increasing parent interaction positively by participating in mealtimes together; increasing responsibility in making positive decisions in regards to healthy food selections; increasing physical activity and developing healthy habits that can last a lifetime. Those increasing physical activity will be able to better to control weight, improve mood and energy, and promote better sleep.

Unit Coordinator duties and roles in Unit Plan of Work

Surry County Virginia Cooperative Extension Unit Coordinator will search and apply for grants to support this Unit Plan of Work. Equipment and supplies needed will be purchased with those grant funds to support this work. Unit Coordinator will partner with Surry Tourism and Economic Development to continue planning to enhance the new Farmer's Market Pavilion. Surry VCE is currently working with Joe Andrews, consultant, Surry Parks and Recreation and other departments to submit a proposal to support Healthy Community Implementation Grant that if the grant proposal is accepted, will benefit the county for three years, \$100,000 per year. The Surry County Unit Coordinator will market programs within the community to ensure desirable participation. The Surry Unit Coordinator will collaborate with other agencies and community groups to reach a larger audience. The Surry Unit Coordinator will continue FCS programming in the absence of and agent. The Surry Unit Coordinator will register and train volunteers on program implementation and Civil Rights.

Evaluation

Pre and post evaluations will be collected for each program offered to be able to access the success and impact of our efforts.



Due Date: January 24, 2020

**BUDGET HIGHLIGHTS
FY 2020-21**

DEPARTMENT: Virginia Cooperative Extension

Full Name Ms. LaSonya White
Position Professional Lecturer
Department Surry Coop Extension Service
Started 14 January 2020 14:55:05
Updated 22 January 2020 16:07:14

Contents Lock

Status In progress

Current Stage EFARS Creation, Editing and Acknowledgment

Next Year's Objectives In 2020, I will recruit and train volunteers to lead 4-H after school clubs, summer school enrichment programs, residential camps, special interest clubs, and day camps. I will offer in school programming for Health Rocks, embryology, and healthy weights/healthy kids, Teen Cuisine, financial literacy, the Reality Store, and support the Introduction to Agriculture High School Course. I will market 4-H programs to schools, churches, libraries to reach a wider audience. I will market youth development opportunities through social media, newsletters, and the local newspaper. I will utilize Surry 4-H All-stars and alumni for support and volunteering. I will participate in professional development sessions on delivery of new curriculum, and train volunteers to ensure delivery is consistent. I will ensure that VCE policy and civil rights guidelines are followed by all employees and volunteers. I will apply for grants and other funding opportunities to support 4-H programming in Surry County. I will partner with local community groups, school, and churches to support programming focusing on Youth Development in Surry County. I will oversee Farmers market operations and ensure that vendors have resources needed. I will ensure that Surry residents are able to use SNAP and WIC benefits at the local Farmers market. I will work with the Diversity Fellows to continue to train new employees

Your Job Responsibilities

and volunteers on topics supporting our indicia statement.

My responsibilities are to provide professional, research-based education and leadership to the local 4-H program. I support the mission of 4-H by developing youth and adults working with those youth, to realize their full potential by becoming effective, contributing citizens through participation in 4-H programming. I will provide research-based, non-formal, hands-on educational experiences by developing and delivering objective and research-based educational programs to meet the needs of diverse audiences as determined by the Surry County Extension Leadership Council. I am responsible for specifying program goals, objectives, and identifying the resources needed based on the Situation Analysis that I authored, and evaluating the impact of each program. I am responsible for recruiting, training, and supporting youth and adult volunteers to implement and carry out 4-H programming in Surry County. I manage day to day operations and maintain records for federal reporting and civil rights.

Your Achievements for the past year

I promoted 4-H, recruited and trained volunteers for six clubs and administered 4-H Programming by way of in-school programming, after school programming and special events programming. Ten adult volunteers led clubs and taught educational activities to include Health Rocks, My Financial Future College and Career programming, herb gardens, raised bed gardens, the Gardening and Farmers market Special Interest Club and high tunnel activities. Surry County now has 4-H has six clubs: Cloverbuds, Jumping Juniors, Shining Stars Horse and Pony Club, 4-H Gardening and Farmer's Market Club, 4-H Science club, and the Teen Club. Surry County has ninety-eight youth participating in clubs. Each club focuses on individual projects and the club leaders plan events and activities. For added support, I hired two interns to assist with programming, camp, and Congress supervision.

4-H Camp (42 participants, 4 adults) decreased by 2 participants
Increased Participation

- 4H Congress (9 participants) increased by 2 participants, 1 participant joined the Air National Guard as a result of attending the Career Fair, 2 are interested in applying to be District ambassadors and 4-H all-stars
- 4-H Food Challenge (15 participants, 5 adult volunteers) local
- Pork challenge (3 teen participants, 1 adult volunteer) 1st time entry
- Teen cuisine (75 youth participants, 4 adult volunteers)
- Embryology (183 students, 6 adult volunteers) 1 youth participant has a chicken coup and is sharing fresh eggs for her family and friends
- Health rocks (466 students, 7 adult volunteers) assisted Petersburg w/Jaelyn Munson
- Stem (110 students, 3 adult volunteers) new coding programming offered by Ericka Bonnet and Robbie Morrison
- My financial future (30 students, 2 adult volunteers)
- Beyond the High School Years (48 youth, 22 adult volunteers)

- State Fair Competition participants (8 teens, 2 adult volunteers, 6th place winner in the haybale competition) 1st year competing
- Counselors and CIT's and Camp Volunteers (12 teens, 4 adult volunteers)
- 1 student and 1 adult tapped into the 4-H All-Stars

Community Initiatives

- Community Garden Expansion Project- expanded gardens by dimension, recruited volunteers that would allow us to plant crops on their land. Recruited volunteers to care for gardens.
- PIO-passed VOPEX drill with excellent ratings and 0 findings of errors
- Agriculture and Natural Resources programming (water testing, pesticide recertifications, Diversified land-use summit, VDACS pesticide container recycling program)
- Senior Citizen Programming (LIFT, healthy eating, gardening)
- Surry Live Well/Farmers Market Pavilion – I assisted the county with the grand opening of The Surry Farmers Market Pavilion and kick-off was a success with over 200 participants and 12 vendors. Surry Live Well was a planning grant in the amount of \$25,000 and I was the grant coordinator of the pilot activity portion and approving purchases aligned with the grant. During Summer months, one intern created a Surry Live Well Social Media page and she marketed any health and wellness activities going on in Surry County by any of the grant partners.
- Holiday Farmers Market prior to Thanksgiving and Winter Break attracted a crowd over 125 each market which is proof of growth, community support and belonging, as well as supporting growth of economic development
- Led community wellness challenges (Walking Wednesdays, Fit-ex, Maintain Don't Gain, and Surry Live Well, Water Challenge)
- Family and Consumer Sciences- offered Servsafe in Sussex and Surry County for groups, churches, and businesses.

Instances of Behavior Change

- Wellness participants are maintaining progress and are not regaining their poor health habits
- Recycling participants are still dropping off recycling although the project was complete three years ago
- Youth nutrition participants are packing their own healthy lunches daily using the lunch boxes that were used during programming several years ago (I notice them during school visits)
- Balanced Living With Diabetes participants are reporting that they are no longer taking medications to control their A1C
- Farmers are consistently sampling their soil to maintain proper soil health for the crop they plan to raise
- Seniors are maintaining their raised beds and sharing their produce with family and friends

- Residents are correcting issues found in well-water due to well-water testing clinics

Unit Coordinator

- Supervised the Unit Administrative Assistant and provided leadership for the overall office
- Monitored office financial business; submitted budgets according to needs
- Applied and received grant funding to support programming
- Hired and managed summer interns
- Created new partnerships for programming
- Held monthly staff meeting; quarterly Extension Leadership Council meetings
- Compiled data to submit unit Situation Analysis Reports
- Approached Board of Supervisors when necessary

Diversity and Inclusion Fellow

- Researching and advising on diversity and inclusion issues and creating training and values around these issues
- Supporting and guiding the recruitment team to help create a brand that appeals to diverse applicants and removes bias
- Identifying external trends and recognizing best practices which will increase diversity among the workforce
- Preparing and building relationships among colleagues through diversity and inclusion training

Next year staffing goals:

Hire an Agriculture and Natural Resources Extension Agent – position will post in February.

Hire a Family and Consumer Sciences Agent- position has been on hold by Virginia Tech

This information is used to prepare the FY 2020-21 Budget Document and the
FYE 6/30/2020 Comprehensive Annual Financial Report- **UPDATE AND RESUBMIT AS NECESSARY**

